



Please donate some items to provide emergency food for local people in crisis

Priority items:

Tinned Meat

Tinned Fruit

Tinned Rice Pudding

Fruit Juice (long life cartons only)

Milk (UHT long life cartons)

Tinned custard

Seasonal items:

Mince Pies, Christmas Pudding,
Biscuits, Sweets/Treats, Jam
Toiletries, Drinks (non-alcoholic)

Also: Mash Potato (powered), Tinned fish, Rice,
Tinned vegetables, Tinned Tomatoes, Pasta
Sauce, Cereals, Instant Coffee, Tea Bags,

Thank You!



South-West Belfast foodbank provides short-term emergency food to individuals and families. The areas we serve include Lagmore, Twinbrook, Poleglass, Lenadoon, Suffolk, Dunmurry, Finaghy, Andersonstown, Falls, and part of Shankhill.

How a food bank works:

- Non-perishable food is donated by the public.
- Food is sorted by foodbank volunteers.
- Frontline care professionals, including healthcare and social workers, give foodbank vouchers to people in crisis.
- People receive food and further support from the foodbank.



If you would like to volunteer:
swbf.org.uk/volunteer



If you would like to donate financially to help keep us running and to top up needed food items:
swbf.org.uk/donate



[south_westbelfastfoodbank](https://www.instagram.com/south_westbelfastfoodbank)



[swbfoodbank](https://www.facebook.com/swbfoodbank)

swbf.org.uk

1st Floor, 124 Stewartstown Road,
Belfast, BT11 9JQ
Tel: 07938706552
info@southwestbelfast.foodbank.org.uk

South-West Belfast foodbank is run and governed by Colin Glen Christian Fellowship (Registered with The Charity Commission for Northern Ireland NIC104892).

